Secondary 2026/27 w3

Monday

Soup/Dessert

- Leek & Potato Soup (high)
- Reduced sugar yoghurt

Main Meal

- Mac & Cheese with Garlic Bread
- Broccoli & cauliflower bake (high)

Sides

- Sweetcorn (High)
- Mixed salad
- crusty bread

Tuesday

Soup/Dessert

- Carrot Soup
- Reduced sugar yoghurt

Main Meal

- Spanish chicken with crispy diced potato
- Sweet & Sour Oriental Vegetables with Noodles

Sides

- Broccoli(High)
- Mixed salad
- crusty bread

Wednesday

Soup/Dessert

- Lentil Soup Ren (High)
- Reduced sugar yoghurt

Main Meal

- Salt and chilli wedges with chicken curry
- Tomato&Basil Pasta with Garlic Bread

Sides

- Mixed Vegetables
- Mixed salad
- crusty bread

Thursday

Soup/Dessert

- Cajun carrot & pepper soup
- Reduced sugar yoghurt

Main meal

- Pepperoni pizza with Potato Wedges
- Creamy Broccoli Pasta

Sides

- Swede high
- Mixed salad
- crusty bread

Friday

Soup/Dessert

- Minestrone Soup
- Reduced sugar yoghurt

Main Meal

- Fish & Chips (High)
- Vegetarian Meatball Marinara Sub

Sides

- Peas (High)
- Mixed salad
- crusty bread