Secondary 2026/27 w1

Monday

Soup/Dessert

- Lentil Soup Ren (High)

Main Meal

- Quorn Katsu Curry with Boiled Rice
- Pasta in a Herby Tomato Sauce

Fruit/Veg

- Carrots (High)
- Mixed salad
- Wholemeal bread

Tuesday

Soup/Dessert

- Tomato Soup
- Reduced sugar yoghurt

Main Meals

- Salmon fish cake and new potatoes EDI
- Mac & Cheese (High) with crusty bread

Fruit

- Broccoli
- Wholemeal Bread Rolls
- Mixed salad

Wednesday

Soup/Dessert

- Leek & Potato Soup (high)
- Reduced sugar yoghurt

Main Meal

- Sweet chilli chicken & rice
- Bean & Veg Chilli & Rice

Fruit

- Green Beans high
- Mixed salad
- Wholemeal bread

Thursday

Soup/Dessert

- Lentil Soup Ren (High)
- Reduced sugar yoghurt

Main Meal

- Butcher's Pork sausage, mash & green beans
- Italian Spicy Pasta

Fruit

- Peas (High)
- Mixed salad
- Wholemeal bread

Friday

Soup/Dessert

- Cajun carrot & pepper soup
- Reduced sugar yoghurt

Main Meal

- Fish & Chips (High)
- VEGAN SAUSAGE ROLL WITH CHIPS

fruit/veg

- Baked Beans (High)
- Mixed salad
- Wholemeal bread