Allergen matrix week 2

Monday

Print

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
eek & Potato Soup (high)	✓													
lixed salad														
asta & Pizza Combo					✓ Wheat		✓							
UORN BURGER IN WHOLEMEAL BUN & APRIKA WEDGES EDI			✓		✓ Barley, Wheat		✓							
educed sugar yoghurt							✓							
weetcorn EDI														
Wholemeal bread					✓ Wheat									

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May contain Does contain

*Allergens in brackets are a May Contain

Tuesday

Print

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Lentil Soup Ren (High)	✓													
Mixed salad														
Peas (High)														
Quorn Tikka Masala			✓				✓							
Reduced sugar yoghurt							✓							
Salmon Fish Fingers with new potatoes				✓	✓ Wheat								✓	
Wholemeal Bread Rolls					✓ Wheat									

21/10/2026 02:11

May contain Does contain

*Allergens in brackets are a May Contain.

Wednesday

Print

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Carrots (High)														
Chicken Casserole and baby potatoes	✓				✓ Wheat									
Lentil Soup Ren (High)	✓													
Mixed salad														
Reduced sugar yoghurt							✓							
Vegan Sausage & Mash Potato (High)					✓ Wheat								✓	✓
Wholemeal bread					✓ Wheat									

21/10/2026 02:12

May contain Does contain

*Allergens in brackets are a May Contain.

Thursday

Print

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Beef Spaghetti Bolognaise High Edi					✓ Wheat									
Green Beans														
Mixed salad														
Reduced sugar yoghurt							✓							
Spanish Omelette & Chips			✓				✓							
Vegetable soup high (ren)	✓												✓	
Wholemeal bread					✓ Wheat									

Friday

Print

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Baked Beans (High)														
Fish & Chips (High)				✓	✓ Wheat									
Minestrone Soup					✓ Wheat								✓	
Mixed salad														
Reduced sugar yoghurt							✓							
Vegetarian Paella EDI														
Wholemeal bread					✓ Wheat									

GENERAL