

Allergen primary 26/27

Week 1

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
apple portion														
Jacket potato with cheese ren							✓							
Lentil Soup ren	✓													
Pasta in a Herby Tomato Sauce					✓ Wheat		✓							?
Pizza (pwr kds) - copy					✓ Wheat		✓							
primary salad portion														
Reduced sugar yoghurt							✓							
Sweetcorn EDI														

Broccoli														
Chicken Curry with Rice and naan bread ren	✓				✓ Wheat			✓						
Jelly														
Leek and Potato Soup	✓				✓ Wheat									
primary salad portion														
Quorn nuggets with new potato					✓ Wheat									
Tuna Sandwich			✓	✓	✓ Wheat									✓

Baked Beans														
Banana (whole)														
Beef Burger in a bun & Wedges					✓ Wheat								✓	✓
Jacket Potato with Beans Ren														
primary salad portion														
Reduced sugar yoghurt							✓							
Vegetable Soup	✓													

	energy	carbohydrate	protein	fat	vitamin	mineral	iron	calcium	potassium	sodium	phosphorus	zinc	vitamin	vitamin
Carrots														
Cheese Sandwiches					✓ Wheat		✓							✓
Chicken & veg pie with new potatoes					✓ Wheat									
CHOCOLATE BROWNIE			✓		✓ Wheat		✓							?
Lentil Soup ren	✓													
primary salad portion														
Quorn Sausage in gravy with new potato (High)					✓ Wheat									
Bean & Veg Chilli & Rice					✓ Wheat									
Ice Cream ren							✓							
Jacket Potato with Cheese							✓							
Peas														
Pollock 110-140g & CHIPS				✓	✓ Wheat									
Primary salad portion (ren)														
Sweet Potato and Lentil Soup	✓				✓ Wheat									✓