

Dairy Free Nursery Menu

Week 1, 2 and 3



Nursery D/F Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	/	Tangy Tomato Soup (ve)	Super Green Soup (ve)	/	/
Meal option 1	M01	M04AF	M07AF	M10DF	M14
	Chicken Curry & Rice Pot	Allergen - Friendly Roast Chicken Dinner in Gravy & Mashed potato (ve) Peas & Carrots (ve)	Allergen - Friendly Margherita pizza (v) with onion rings (ve) mediterranean salad (ve)	D/F Mexican Beef Burrito bowl Pico de gallo (ve)	Red Tractor Southern-Style Chicken Wrap with Sweet Chilli Mayo with Oven chips (ve) Carrot & Cucumber sticks (ve)
Meal option 2	M02	M06	M09VE	M12VE	M15VE
	MSC Fish Fingers with Oven chips (ve) Mixed salad (ve)	Red Tractor Ham Sandwich Rainbow salad (ve)	Sheese & Cream Sheese Bagel (ve) Mediterranean salad (ve)	Baked potato with Vegan Cheese Pico de gallo (ve)	Sheese sandwich (ve) Carrot & Cucumber sticks (ve)
Dessert	Vanilla Soya dessert (ve) & Fresh Fruit Selection(ve)	/	/	D/F Homemade Pudding of the Day (v) & Fresh Fruit Selection (ve)	Fruit salad (ve) & Fresh Fruit Selection (ve)

Nursery D/F Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	/	Seasonal Harvest Soup (ve)	/	Leek & Potato Soup (ve)	Carrot & Coriander Soup (ve)
Meal option 1	M16	M19AF	M22	M25	M28
	Crispy Chicken Burger with Oven chips (v) Crunchy salad (ve)	Allergen - Friendly Beef Bolognese Pasta Bake	Herby Tomato Pasta (ve)	QMS Homemade Steak pie with Mashed potatoes (v) Peas & carrots (ve)	MSC Salmon fingers with Diced potato(v) Rainbow salad (ve)
Meal option 2	M18DF	M21	M24VE	M26VE	M12VE
	Turkey & Vegan Cheese Bagel Crunchy salad (ve)	Baked potato with beans (ve) Mixed pepper salad (ve)	Vegan Pizza Sub (ve) with diced potatoes (ve) Pico de gallo (ve)	Vegan Sausage (ve) with Garlic bread (ve) Crunchy salad (ve)	Baked potato with Vegan Cheese Rainbow salad (ve)
Dessert	Fruity Iced Smoothie (ve) & Fresh Fruit Selection (ve)	/	Fruit salad (ve) & Fresh Fruit Selection (ve)	/	/

Nursery D/F Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Seasonal Harvest Soup (ve)	/	Carrot & Coriander Soup (ve)	/	Super Green Soup (ve)
Meal option 1	M31DF	M34AF	M37VE	M40GF	M07AF
	QMS Beef & Vegan Cheese Burger with Diced potatoes (ve) Crunchy salad (ve)	Veggie Sausage (ve) with Baked beans (ve) Mediterranean salad (ve)	Super Saucy Bolognese (ve) with Garlic bread (ve)	Red Tractor Chicken Fajita in G/F Pitta Pockets with Oven chips (ve) Rainbow salad (ve)	Allergen - Friendly Margherita pizza (v) with Potato wedges (ve) Mixed salad (ve)
Meal option 2	M32	M36N	M09VE	M41	M45DF
	Veggie Hero Spaghetti (ve)	Crunchy Quorn nuggets (v) with Baked beans (ve) Mediterranean salad (ve)	Sheese & Cream Sheese Bagel (ve) Pico de gallo (ve)	Mexican - Style Chilli Con Carne with rice (ve)	Sheese Sandwich Mixed salad (ve)
Dessert	/	Fruity Iced Smoothie (ve) & Fresh Fruit Selection (ve)	/	Jelly (ve) & Fresh Fruit Selection (ve)	/

Egg Free Nursery Menu

Week 1, 2 and 3



Nursery E/F Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter		Tangy Tomato Soup (ve)	Super Green Soup (ve)	/	/
Meal option 1	M01	M04AF	M07GF	M10	M14EF
	Chicken Curry & Rice Pot	Allergen -Friendly Roast Chicken Dinner in Gravy & Mashed potato (ve) Peas & Carrots (ve)	G/F Margherita pizza (v) with onion rings (ve) mediterranean salad (ve)	Mexican Beef Burrito bowl Pico de gallo (ve)	E/F Southern-Style Chicken Wrap with Vegan Sweet Chilli Mayo with Oven chips (ve) Carrot & Cucumber sticks (ve)
Meal option 2	M02	M06	M09	M12	M15
	MSC Fish Fingers with Oven chips (ve) Mixed salad (ve)	Red Tractor Ham Sandwich Rainbow salad (ve)	Cheese & Cream Cheese Bagel (v) Mediterranean salad (ve)	Baked potato with Cheese Pico de gallo (ve)	Cheese sandwich (v) Carrot & Cucumber sticks (ve)
Dessert	Delight dessert (v) & Fresh Fruit Selection(ve)	/	/	E/F Homemade Pudding of the Day (v) & Fresh Fruit Selection (ve)	Fruit salad (ve) & Fresh Fruit Selection (ve)

Nursery E/F Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	/	Seasonal Harvest Soup (ve)	/	Leek & Potato Soup (ve)	Carrot & Coriander Soup (ve)
Meal option 1	M16	M19AF	M22	M25	M28
	Crispy Chicken Burger with Oven chips (v) Crunchy salad (ve)	Allergen - Friendly Beef Bolognese Pasta Bake	Herby Tomato Pasta (ve)	QMS Homemade Steak pie with Mashed potatoes (v) Peas & carrots (ve)	MSC Salmon fingers with Diced potato(v) Rainbow salad (ve)
Meal option 2	M18	M21	M24	M26VE	M30
	Turkey & Cheese Bagel Crunchy salad (ve)	Baked potato with beans (ve) Mixed pepper salad (ve)	Cheese & Tomato Pizzini (v) with diced potatoes (ve) Pico de gallo (ve)	Vegan Sausage (ve) with Garlic bread (ve) Crunchy salad (ve)	Baked potato with Cheese (v) Rainbow salad (ve)
Dessert	Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	/	Fruit salad (ve) & Fresh Fruit Selection (ve)	/	/

Nursery E/F Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Seasonal Harvest Soup (ve)	/	Carrot & Coriander Soup (ve)	/	Super Green Soup (ve)
Meal option 1	M31	M34	M37	M40	M07GF
	QMS Beef & Cheese Burger with Diced potatoes (ve) Crunchy salad (ve)	Sau'sauge Roll (ve) with Baked beans (ve) Mediterranean salad (ve)	Super Saucy Bolognese (v) with Garlic bread (ve)	Red Tractor Chicken Fajita in Pitta Pockets with Oven chips (ve) Rainbow salad (ve)	G/F Margherita pizza (v) with Potato wedges (ve) Mixed salad (ve)
Meal option 2	M32	M36N	M09	M41N	M15
	Veggie Hero Spaghetti (ve)	Crunchy Quorn nuggets (v) with Baked beans (ve) Mediterranean salad (ve)	Cheese & Cream Cheese Bagel (v) Pico de gallo (ve)	Mexican - Style Chilli Con Carne with rice (ve)	Cheese Sandwich (ve) Mixed salad (ve)
Dessert	/	Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)	/	Jelly (ve) & Fresh Fruit Selection (ve)	/

Gluten Free Nursery Menu

Week 1, 2 and 3



Nursery G/F Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	/	Tangy Tomato Soup (ve)	Super Green Soup (ve)	/	/
Meal option 1	M01	M04AF	M07GF	M10	M14GF
	Chicken Curry & Rice Pot	Allergen -Friendly Roast Chicken Dinner in Gravy & Mashed potato (ve) Peas & Carrots (ve)	G/F Margherita pizza (v) with Oven chips (ve) mediterranean salad (ve)	Mexican Beef Burrito bowl Pico de gallo (ve)	G/F Chicken Goujons in G/F Wrap with Sweet Chilli Mayo with Oven chips (ve) Carrot & Cucumber sticks (ve)
Meal option 2	M02GF	M06GF	M09GF	M12	M15GF
	MSC G/F Fish Fingers with Oven chips (ve) Mixed salad (ve)	G/F Red Tractor Ham Sandwich Rainbow salad (ve)	Cheese & Cream Cheese G/F Bagel (v) Mediterranean salad (ve)	Baked potato with Cheese Pico de gallo (ve)	G/F Cheese sandwich (v) Carrot & Cucumber sticks (ve)
Dessert	Delight dessert (v) & Fresh Fruit Selection(ve)	/	/	G/F Homemade Pudding of the Day (v) & Fresh Fruit Selection (ve)	Fruit salad (ve) & Fresh Fruit Selection (ve)

Nursery G/F Menu

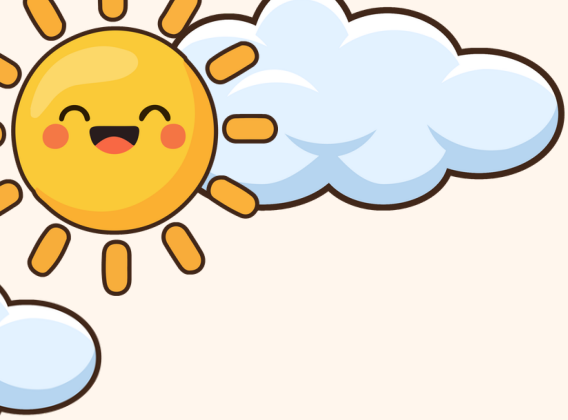
Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	/	Seasonal Harvest Soup (ve)	/	Leek & Potato Soup (ve)	Carrot & Coriander Soup (ve)
Meal option 1	M16GF	M19AF	M22GF	M25GF	M28
	G/F Chicken Goujons in G/F Burger with Oven chips (v) Crunchy salad (ve)	Allergen - Friendly Beef Bolognese Pasta Bake	Herby Tomato G/F Pasta (ve)	Homemade Steak pie (No Pastry) with Mashed potatoes (v) Peas & carrots (ve)	MSC Salmon fingers with Diced potato(v) Rainbow salad (ve)
Meal option 2	M18GF	M21	M24GF	M26	M30
	Turkey & Cheese G/F Bagel Crunchy salad (ve)	Baked potato with beans (ve) Mixed pepper salad (ve)	G/F Pizza Sub (v) with diced potatoes (ve) Pico de gallo (ve)	Free Range Foiled Omelette (v) with G/F Garlic bread (ve) Crunchy salad (ve)	Baked potato with Cheese (v) Rainbow salad (ve)
Dessert	Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	/	Fruit salad (ve) & Fresh Fruit Selection (ve)	/	/

Nursery G/F Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Seasonal Harvest Soup (ve)	/	Carrot & Coriander Soup (ve)	/	Super Green Soup (ve)
Meal option 1	M31GF	M34AF	M37GF	M40GF	M07GF
	Beef & Vegan Cheese in G/F Burger with Diced potatoes (ve) Crunchy salad (ve)	Veggie Sausage (ve) with Baked beans (ve) Mediterranean salad (ve)	G/F Super Saucy Bolognese (ve) with G/F Garlic bread (ve)	Red Tractor Chicken Fajita in G/F Pitta Pockets with Oven chips (ve) Rainbow salad (ve)	G/F Margherita pizza (v) with Potato wedges (ve) Mixed salad (ve)
Meal option 2	M32GF	M36AF	M38GF	M41	M15GF
	Veggie Hero G/F Spaghetti (ve)	BBQ Veggie Sausages (ve) with Baked beans (ve) Mediterranean salad (ve)	Halloumi & Rainbow Veggie Rice Tray Bake (v)	Mexican - Style Chilli Con Carne with rice (ve)	Cheese G/F Sandwich (ve) Mixed salad (ve)
Dessert	/	Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)	/	Jelly (ve) & Fresh Fruit Selection (ve)	/



Sesame Free Nursery Menu

Week 1, 2 and 3



Nursery Sesame Free Menu **Week 1**

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	/	Tangy Tomato Soup (ve)	Super Green Soup (ve)	/	/
Meal option 1	M01	M04	M07	M10	M14
	Chicken Curry & Rice Pot	Roast Chicken Dinner with Yorkshire Pudding & Mashed potato (ve) Peas & Carrots (ve)	Margherita pizza (v) with onion rings (ve) mediterranean salad (ve)	Mexican Beef Burrito bowl Pico de gallo (ve)	Red Tractor Southern-Style Chicken Wrap with Sweet Chilli Mayo with Oven chips (ve) Carrot & Cucumber sticks (ve)
Meal option 2	M02	M06	M09AF	M12	M15
	MSC Fish Fingers with Oven chips (ve) Mixed salad (ve)	Red Tractor Ham Sandwich Rainbow salad (ve)	Allergen - Friendly Cheese & Cream Cheese Bagel (ve) Mediterranean salad (ve)	Baked potato with Cheese (v) Pico de gallo (ve)	Cheese sandwich (v) Carrot & Cucumber sticks (ve)
Dessert	Delight dessert (v) & Fresh Fruit Selection(ve)	/	/	Homemade Pudding of the Day (v) & Fresh Fruit Selection (ve)	Fruit salad (ve) & Fresh Fruit Selection (ve)

Nursery Sesame Free Menu **Week 2**

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	/	Seasonal Harvest Soup (ve)	/	Leek & Potato Soup (ve)	Carrot & Coriander Soup (ve)
Meal option 1	M16GF	M19	M22	M25	M28
	G/F Chicken Goujons in G/F Burger with Oven chips (v) Crunchy salad (ve)	Beef Lasagne	Herby Tomato Pasta (ve)	QMS Homemade Steak pie with Mashed potatoes (v) Peas & carrots (ve)	MSC Salmon fingers with Diced potato(ve) Rainbow salad (ve)
Meal option 2	M05	M03	M24	M26	M30
	Cheesy Champion Pie (v) with Oven chips (ve) Crunchy salad (ve)	Baked potato with beans (ve) Mixed pepper salad (ve)	Cheese & Tomato Pizzini (v) with diced potatoes (ve) Pico de gallo (ve)	Free Range Foleded Omelette (v) with G/F Garlic bread (ve) Crunchy salad (ve)	Baked potato with Cheese (v) Rainbow salad (ve)
Dessert	Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	/	Fruit salad (ve) & Fresh Fruit Selection (ve)	/	/

Nursery Sesame Free Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Seasonal Harvest Soup (ve)	/	Carrot & Coriander Soup (ve)	/	Super Green Soup (ve)
Meal option 1	M31GF	M34	M37	M40	M07
	Beef & Vegan Cheese in G/F Burger with Diced potatoes (ve) Crunchy salad (ve)	Sau'sauge Roll (ve) with Baked beans (ve) Mediterranean salad (ve)	Super Saucy Bolognese (v) with G/F Garlic bread (ve)	Red Tractor Chicken Fajita in Pitta Pockets with Oven chips (ve) Rainbow salad (ve)	Margherita pizza (v) with Potato wedges (ve) Mixed salad (ve)
Meal option 2	M32	M36	M38	M41	M15
	Veggie Hero Spaghetti (ve)	Crunchy BBQ Quorn nuggets (v) with Baked beans (ve) Mediterranean salad (ve)	Halloumi & Rainbow Veggie Orzo Tray Bake (v)	Mexican - Style Chilli Con Carne with nacho chips (ve)	Cheese Sandwich (v) Mixed salad (ve)
Dessert	/	Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)	/	Jelly (ve) & Fresh Fruit Selection (ve)	/