

2025/2026 Primary Dairy Free

Week 1 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO002 Leek & Potato Soup (ve) (Optional: with D/F Bread)	RSO003 Tangy Tomato Soup (ve) (Optional: with D/F Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with D/F Bread)	RSO004 Seasonal Veg & Rice Soup (ve) (Optional: with D/F Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with D/F Bread)
Main Option 1	MA2501VE Vegan Mac 'N' Cheese (ve) with Garlic Bread (ve) & Vegetable Medley (ve)	MA2504 Red Tractor Mild Chicken Curry with Rice (ve) & Seasonal Salad (ve)	MA2507DF Veg Sausages (ve) (served with condiments) With Potato Salad (v) & Sunshine Salad (ve)	MA2510 QMS Homemade Steak Pie with Roast Potatoes (ve) & Baby Carrots (ve)	MA2514 Herby Tomato Pasta (ve) with Garlic Bread (ve) & Garden Peas (ve)
Main Option 2	MA2502 Red Tractor Southern-Style Chicken Wrap with Sweet Chilli Mayo with Potato Wedges (ve) & Vegetable Medley (ve)	MA2505 QMS Beef Burger in a Bun (served with condiments) with Savoury Rice (ve) & Seasonal Salad (ve)	MA2508 Homemade Quorn Sausage Casserole (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2511 Plant-Power Hot Dog (v) (served with condiments) With Roast Potatoes (ve) & Baby Carrots (ve)	MA2513 MSC Salmon Fingers (served with condiments) with Potato Chips /Smiles/Fries/Puffs (ve) & Garden Peas (ve)
Main Option 3	MA2503 Baked Potato with Beans (ve) & Vegetable Medley (ve)	MA2506VE Vegan Cheese Panini (ve) with Savoury Rice (ve) & Seasonal Salad (ve)	MA2509 Neatballs in Onion Gravy (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2512 Red Tractor Ham Sandwich & Baby Carrots (ve)	MA2515VE Baked Potato with Vegan Cheese (ve) & Garden Peas (ve)
Dessert	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)	RDE001VE Vanilla Dessert (ve) & Fresh Fruit Selection (ve)	D/F Home Baking (v) & Fresh Fruit Selection (ve)	RDE002 Jelly (ve) & Fresh Fruit Selection (ve)	RDE003VE Fruity Iced Smoothie (ve) & Fresh Fruit Selection (ve)

- We make every reasonable effort to accommodate dietary requirements. However, there may be times when suitable alternatives are not available. In these instances, we appreciate your understanding.

2025/2026 Primary Dairy Free

Week 2 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO003 Tangy Tomato Soup (ve) (Optional: with D/F Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with D/F Bread)	RSO004 / RSO006 Seasonal Veg & Rice Soup (ve) / Lentil Soup (ve) (Optional: with D/F Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with D/F Bread)	RSO002 Leet & Potato Soup (ve) (Optional: with D/F Bread)
Main Option 1	MA2516DF D/F Meatball Sub Melt with Sauté Potatoes (ve) & Vegetable Medley (ve)	MA2519 Plant-Power Burger in a Bun (ve) (served with condiments) with Potato Salad (v) & Seasonal Salad (ve)	MA2522VE Vegan Pesto Pasta (ve) with Garlic Bread (ve) & Sunshine Salad (ve)	MA2525AF Allergy-Friendly Margherita Pizza (ve) with Nacho Chips (ve) & Carrot & Cucumber Sticks (ve)	MA2528DF MSC Fish Goujons (served with condiments) with Vegan Pasta Salad (v) & Corn Cobettes (ve)
Main Option 2	MA2517AF Allergy-Friendly Chicken Stew with Sauté Potatoes (ve) & Vegetable Medley (ve)	MA2520AF Allergy-Friendly Chicken Fillet in Gravy with Mashed Potato (ve) & Seasonal Salad (ve)	MA2523 Quorn Bangers in Onion Gravy (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2526 QMS Mexican-Style Beef Chilli with Nacho Chips (ve) & Carrot & Cucumber Sticks (ve)	MA2529DF D/F Beef Bolognese Pasta Bake & Corn Cobettes (ve)
Main Option 3	MA2518VE Vegan Cheese Sandwich (v) & Vegetable Medley (ve)	MA2521AF Allergy-Friendly Tuna Melt Roll with Potato Salad (v) & Seasonal Salad (ve)	MA2524 Baked Potato with Beans (ve) & Sunshine Salad (ve)	MA2527 Ham Sandwich & Carrot & Cucumber Sticks (ve)	MA2530VE Baked Potato with Vegan Cheese (ve) & Corn Cobettes (ve)
Dessert	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)	RDE001VE Vanilla Dessert (ve) & Fresh Fruit Selection (ve)	D/F Home Baking (v) & Fresh Fruit Selection (ve)	RDE002 Jelly (ve) & Fresh Fruit Selection (ve)	RDE001VE Vanilla Dessert (ve) & Fresh Fruit Selection (ve)

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2025/2026 Primary Dairy Free

Week 3 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO002 Leek & Potato Soup (ve) (Optional: with D/F Bread)	RSO004 or RSO006 Seasonal Veg & Rice Soup (ve) / Lentil Soup (ve) (Optional: with D/F Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with D/F Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with D/F Bread)	RSO003 Tangy Tomato Soup (ve) (Optional: with D/F Bread)
Main Option 1	MA2531DF Sticky BBQ Quorn Dippers (v) With Vegan Pasta Salad (v) & Vegetable Medley (ve)	MA2534AF Allergy-Friendly Beef Bolognese Pasta & Seasonal Salad (ve)	MA2537AF Allergy-Friendly Veg Sausages (ve) with Savoury Rice (ve) & Mixed Pepper Salad (ve)	MA2540 Jumbo Hot Dog with Potato Salad (v) & Garden Peas (ve)	MA2543VE Vegan Pizza Sub (ve) with Potato Chips /Smiles/Fries/Puffs (ve) & Sunshine Salad (ve)
Main Option 2	MA2532DF Chicken Fajita in a Wrap with Vegan Pasta Salad (v) & Vegetable Medley (ve)	MA2535 Red Tractor Chicken Burger in a Bun with Potato Wedges (ve) & Seasonal Salad (ve)	MA2538 Shawarma-Style Fillets (ve) with Savoury Rice (ve) & Mixed Pepper Salad (ve)	MA2541AF Allergy-Friendly Traditional Mince in Gravy with Mashed Potato (ve) & Garden Peas (ve)	MA2544 MSC Fish Fingers (served with condiments) with Potato Chips /Smiles/Fries/Puffs (ve) & Sunshine Salad (ve)
Main Option 3	MA2533 Tuna Mayo & Sweetcorn Pasta with Garlic Bread (ve) & Vegetable Medley (ve)	MA2536VE Baked Potato with Vegan Cheese (ve) & Seasonal Salad (ve)	MA2539 Baked Potato with Beans (ve) & Mixed Pepper Salad (ve)	MA2542VE Vegan Cheese Panini (ve) with Vegan Potato Salad (ve) & Garden Peas (ve)	MA2545 Red Tractor Turkey Meatballs in Herby Tomato Sauce with Spaghetti With Garlic Bread (ve) & Sunshine Salad (ve)
Dessert	RDE001VE Vanilla Dessert (ve) & Fresh Fruit Selection (ve)	RDE003VE Fruity Iced Smoothie (ve) & Fresh Fruit Selection (ve)	RDE001VE Vanilla Dessert (ve) & Fresh Fruit Selection (ve)	RDE003 Jelly (ve) & Fresh Fruit Selection (ve)	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)

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2025/2026 Primary Egg Free

Week 1 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO002 Leek & Potato Soup (ve) (Optional: with E/F Bread)	RSO003 Tangy Tomato Soup (ve) (Optional: with E/F Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with E/F Bread)	RSO004 Seasonal Veg & Rice Soup (ve) (Optional: with E/F Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with E/F Bread)
Main Option 1	MA2501 Mac 'N' Cheese (v) with Garlic Bread (ve) & Vegetable Medley (ve)	MA2504 Red Tractor Mild Chicken Curry with Rice (ve) & Seasonal Salad (ve)	MA2507VE Veg Sausages (ve) (served with condiments) With Vegan Potato Salad (v) & Sunshine Salad (ve)	MA2510 QMS Homemade Steak Pie with Roast Potatoes (ve) & Baby Carrots ve)	MA2514 Herby Tomato Pasta (ve) with Garlic Bread (ve) & Garden Peas (ve)
Main Option 2	MA2502EF Chicken Wrap with Vegan Sweet Chilli Mayo with Potato Wedges (ve) & Vegetable Medley (ve)	MA2505 QMS Beef Burger in a Bun (served with condiments) with Savoury Rice (ve) & Seasonal Salad (ve)	MA2508 Homemade Quorn Sausage Casserole (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2511 Plant-Power Hot Dog (v) (served with condiments) With Roast Potatoes (ve) & Baby Carrots (ve)	MA2513 MSC Salmon Fingers (served with condiments) with Potato Chips /Smiles/Fries/Puffs (ve) & Garden Peas (ve)
Main Option 3	MA2503 Baked Potato with Beans (ve) & Vegetable Medley (ve)	MA2506 Cheddar Cheese Panini (v) with Savoury Rice (ve) & Seasonal Salad (ve)	MA2509 Neatballs in Onion Gravy (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2512 Red Tractor Ham Sandwich & Baby Carrots (ve)	MA2515 Baked Potato with Cheese (v) & Garden Peas (ve)
Dessert	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)	RDE001 Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	E/F Home Baking (v) & Fresh Fruit Selection (ve)	RDE002 Jelly (ve) & Fresh Fruit Selection (ve)	RDE003 Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)

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2025/2026 Primary Egg Free

Week 2 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO003 Tangy Tomato Soup (ve) (Optional: with E/F Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with E/F Bread)	RSO004 / RSO006 Seasonal Veg & Rice Soup (ve) / Lentil Soup (ve) (Optional: with E/F Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with E/F Bread)	RSO002 Leet & Potato Soup (ve) (Optional: with E/F Bread)
Main Option 1	MA2516 Red Tractor Meatball Sub Melt with Sauté Potatoes (ve) & Vegetable Medley (ve)	MA2519VE Plant-Power Burger in a Bun (ve) (served with condiments) with Vegan Potato Salad (v) & Seasonal Salad (ve)	MA2522 Creamy Pesto Pasta (v) with Garlic Bread (ve) & Sunshine Salad (ve)	MA2525GF G/F Margherita Pizza (v) with Nacho Chips (ve) & Carrot & Cucumber Sticks (ve)	MA2528 MSC Fish Goujons (served with condiments) with Pasta Salad (v) & Corn Cobettes (ve)
Main Option 2	MA2517 Red Tractor Homemade Chicken Puff Pie with Sauté Potatoes (ve) & Vegetable Medley (ve)	MA2520AF Allergy-Friendly Chicken Fillet in Gravy with Mashed Potato (ve) & Seasonal Salad (ve)	MA2523 Quorn Bangers in Onion Gravy (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2526 QMS Mexican-Style Beef Chilli with Nacho Chips (ve) & Carrot & Cucumber Sticks (ve)	MA2529 QMS Beef Bolognese Pasta Bake & Corn Cobettes (ve)
Main Option 3	MA2518 Cheese Sandwich (v) & Vegetable Medley (ve)	MA2521AF Allergy-Friendly Tuna Melt Roll with Vegan Potato Salad (v) & Seasonal Salad (ve)	MA2524 Baked Potato with Beans (ve) & Sunshine Salad (ve)	MA2527 Ham Sandwich & Carrot & Cucumber Sticks (ve)	MA2530 Baked Potato with Cheese (v) & Corn Cobettes (ve)
Dessert	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)	RDE002 Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	E/F Home Baking (v) & Fresh Fruit Selection (ve)	RDE002 Jelly (ve) & Fresh Fruit Selection (ve)	Delight Dessert (v) & Fresh Fruit Selection (ve)

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2025/2026 Primary Egg Free

Week 3 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO002 Leek & Potato Soup (ve) (Optional: with E/F Bread)	RSO004 or RSO006 Seasonal Veg & Rice Soup (ve) / Lentil Soup (ve) (Optional: with E/F Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with E/F Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with E/F Bread)	RSO003 Tangy Tomato Soup (ve) (Optional: with E/F Bread)
Main Option 1	MA2531 Sticky BBQ Quorn Dippers (v) with Pasta Salad (v) & Vegetable Medley (ve)	MA2534AF Allergy-Friendly Beef Bolognese Pasta & Seasonal Salad (ve)	MA2537 Sau'sage Roll (ve) with Savoury Rice (ve) & Mixed Pepper Salad (ve)	MA2540EF Jumbo Hot Dog with Vegan Potato Salad (v) & Garden Peas (ve)	MA2543 Cheese & Tomato Pizzini (v) with Potato Chips /Smiles/Fries/Puffs (ve) & Sunshine Salad (ve)
Main Option 2	MA2532 Red Tractor Chicken Fajita in Pitta Pockets with Pasta Salad (v) & Vegetable Medley (ve)	MA2535 Red Tractor Chicken Burger in a Bun with Potato Wedges (ve) & Seasonal Salad (ve)	MA2538 Shawarma-Style Fillets (ve) with Savoury Rice (ve) & Mixed Pepper Salad (ve)	MA2541AF Allergy-Friendly Traditional Mince in Gravy with Mashed Potato (ve) & Garden Peas (ve)	MA2544 MSC Fish Fingers (served with condiments) with Potato Chips /Smiles/Fries/Puffs (ve) & Sunshine Salad (ve)
Main Option 3	MA2533AF Allergy-Friendly Tuna Mayo Pasta with G/F Garlic Bread (ve) & Vegetable Medley (ve)	MA2536 Baked Potato with Cheese (v) & Seasonal Salad (ve)	MA2539 Baked Potato with Beans (ve) & Mixed Pepper Salad (ve)	MA2542EF Cheddar Cheese Panini (v) with Vegan Potato Salad (v) & Garden Peas (ve)	MA2545 Red Tractor Turkey Meatballs in Herby Tomato Sauce with Spaghetti With Garlic Bread (ve) & Sunshine Salad (ve)
Dessert	RDE002 Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	RDE003 Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)	Dessert Delight (v) & Fresh Fruit Selection (ve)	RDE003 Jelly (ve) & Fresh Fruit Selection (ve)	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)

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2025/2026 Primary Gluten Free

Week 1 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO002 Leek & Potato Soup (ve) (Optional: with G/F Bread)	RSO003 Tangy Tomato Soup (ve) (Optional: with G/F Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with G/F Bread)	RSO004 Seasonal Veg & Rice Soup (ve) (Optional: with G/F Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with G/F Bread)
Main Option 1	MA2501GF G/F Mac 'N' Cheese (v) with G/F Garlic Bread (ve) & Vegetable Medley (ve)	MA2504 Red Tractor Mild Chicken Curry with Rice (ve) & Seasonal Salad (ve)	MA2507 Free Range Folded Omelette (v) (served with condiments) With Potato Salad (v) & Sunshine Salad (ve)	MA2510GF Steak Stew (No Pastry) with Roast Potatoes (ve) & Baby Carrots (ve)	MA2514GF G/F Tomato Pasta (ve) with G/F Garlic Bread (ve) & Garden Peas (ve)
Main Option 2	MA2502GF G/F Chicken Wrap with Sweet Chilli Mayo with Potato Wedges (ve) & Vegetable Medley (ve)	MA2505GF G/F Beef Burger in a G/F Bun (served with condiments) with Savoury Rice (ve) & Seasonal Salad (ve)	MA2508GF Veg Sausage Casserole (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2511GF Plant-Power Hot Dog in a G/F Roll (v) (served with condiments) With Roast Potatoes (ve) & Baby Carrots (ve)	MA2513 MSC Salmon Fingers (served with condiments) with Potato Chips /Smiles/Fries/Puffs (ve) & Garden Peas (ve)
Main Option 3	MA2503 Baked Potato with Beans (ve) & Vegetable Medley (ve)	MA2506GF G/F Toasted Cheese Sandwich (v) with Savoury Rice (ve) & Seasonal Salad (ve)	MA2509 Neatballs in Onion Gravy (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2512GF G/F Ham Sandwich & Baby Carrots (ve)	MA2515 Baked Potato with Cheese (v) & Garden Peas (ve)
Dessert	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)	RDE001 Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	G/F Home Baking (v) & Fresh Fruit Selection (ve)	RDE002 Jelly (ve) & Fresh Fruit Selection (ve)	RDE003 Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)

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2025/2026 Primary Gluten Free

Week 2 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO003 Tangy Tomato Soup (ve) (Optional: with G/F Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with G/F Bread)	RSO004 / RSO006 Seasonal Veg & Rice Soup (ve) / Lentil Soup (ve) (Optional: with G/F Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with G/F Bread)	RSO002 Leet & Potato Soup (ve) (Optional: with G/F Bread)
Main Option 1	MA2516GF G/F Meatball Sub Melt with Sauté Potatoes (ve) & Vegetable Medley (ve)	\	MA2522GF G/F Pesto Pasta (v) with G/F Garlic Bread (ve) & Sunshine Salad (ve)	MA2525GF G/F Margherita Pizza (v) with Nacho Chips (ve) & Carrot & Cucumber Sticks (ve)	MA2528GF G/F Fish Fingers (served with condiments) with Allergy-Friendly Pasta Salad (v) & Corn Cobettes (ve)
Main Option 2	MA2517AF Allergy-Friendly Chicken Stew (No Pastry) with Sauté Potatoes (ve) & Vegetable Medley (ve)	MA2520AF Allergy-Friendly Chicken Fillet in Gravy with Mashed Potato (ve) & Seasonal Salad (ve)	MA2523GF Veg Sausage in Gravy (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	\	MA2529GF G/F Beef Bolognese Pasta Bake & Corn Cobettes (ve)
Main Option 3	MA2518GF G/F Cheese Sandwich (v) & Vegetable Medley (ve)	MA2521AF Allergy-Friendly Tuna Melt Roll with Potato Salad (v) & Seasonal Salad (ve)	MA2524 Baked Potato with Beans (ve) & Sunshine Salad (ve)	MA2527GF G/F Ham Sandwich & Carrot & Cucumber Sticks (ve)	MA2530 Baked Potato with Cheese (v) & Corn Cobettes (ve)
Dessert	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)	RDE002 Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	G/F Home Baking (v) & Fresh Fruit Selection (ve)	RDE002 Jelly (ve) & Fresh Fruit Selection (ve)	Delight Dessert (v) & Fresh Fruit Selection (ve)

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2025/2026 Primary Gluten Free

Week 3 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO002 Leek & Potato Soup (ve) (Optional: with G/F Bread)	RSO004 or RSO006 Seasonal Veg & Rice Soup (ve) / Lentil Soup (ve) (Optional: with G/F Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with G/F Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with G/F Bread)	RSO003 Tangy Tomato Soup (ve) (Optional: with G/F Bread)
Main Option 1	MA2531AF Sticky BBQ Veg Sausages (v) with Allergy-Friendly Pasta Salad (v) & Vegetable Medley (ve)	MA2534AF Allergy-Friendly Beef Bolognese Pasta & Seasonal Salad (ve)	MA2537AF Veg Sausages (ve) with Savoury Rice (ve) & Mixed Pepper Salad (ve)	MA2540GF G/F Pork Sausage in a G/F Roll with Potato Salad (v) & Garden Peas (ve)	MA2543GF G/F Pizza Sub (v) with Potato Chips /Smiles/Fries/Puffs (ve) & Sunshine Salad (ve)
Main Option 2	\	MA2535GF G/F Goujons in a G/F Roll with Potato Wedges (ve) & Seasonal Salad (ve)	\	MA2541AF Allergy-Friendly Traditional Mince in Gravy with Mashed Potato (ve) & Garden Peas (ve)	MA2544GF G/F Fish Fingers (served with condiments) with Potato Chips /Smiles/Fries/Puffs (ve) & Sunshine Salad (ve)
Main Option 3	MA2533AF Allergy-Friendly Tuna Mayo Pasta with G/F Garlic Bread (ve) & Vegetable Medley (ve)	MA2536 Baked Potato with Cheese (v) & Seasonal Salad (ve)	MA2539 Baked Potato with Beans (ve) & Mixed Pepper Salad (ve)	MA2542GF G/F Toasted Cheese Sandwich (v) with Potato Salad (v) & Garden Peas (ve)	MA2545GF Turkey Meatballs in Herby Tomato Sauce with G/F Spaghetti With G/F Garlic Bread (ve) & Sunshine Salad (ve)
Dessert	RDE002 Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	RDE003 Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)	Dessert Delight (v) & Fresh Fruit Selection (ve)	RDE003 Jelly (ve) & Fresh Fruit Selection (ve)	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)

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2025/2026 Primary Sesame Free

Week 1 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO002 Leek & Potato Soup (ve) (Optional: with Bread)	RSO003 Tangy Tomato Soup (ve) (Optional: with Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with Bread)	RSO004 Seasonal Veg & Rice Soup (ve) (Optional: with Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with Bread)
Main Option 1	MA2501GF G/F Mac 'N' Cheese (v) with G/F Garlic Bread (ve) & Vegetable Medley (ve)	MA2504 Red Tractor Mild Chicken Curry with Rice (ve) & Seasonal Salad (ve)	MA2507 Free Range Folded Omelette (v) (served with condiments) With Potato Salad (v) & Sunshine Salad (ve)	MA2510 QMS Homemade Steak Pie with Roast Potatoes (ve) & Baby Carrots (ve)	MA2514GF G/F Tomato Pasta (ve) with G/F Garlic Bread (ve) & Garden Peas (ve)
Main Option 2	MA2502 Red Tractor Southern-Style Chicken Wrap with Sweet Chilli Mayo with Potato Wedges (ve) & Vegetable Medley (ve)	MA2505GF Beef Burger in a G/F Bun (served with condiments) with Savoury Rice (ve) & Seasonal Salad (ve)	MA2508 Homemade Quorn Sausage Casserole (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2511GF Plant-Power Hot Dog in a G/F Roll (v) (served with condiments) With Roast Potatoes (ve) & Baby Carrots (ve)	MA2513 MSC Salmon Fingers (served with condiments) with Potato Chips /Smiles/Fries/Puffs (ve) & Garden Peas (ve)
Main Option 3	MA2503 Baked Potato with Beans (ve) & Vegetable Medley (ve)	MA2506GF G/F Toasted Cheese Sandwich (v) with Savoury Rice (ve) & Seasonal Salad (ve)	MA2509 Neatballs in Onion Gravy (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2512 Red Tractor Ham Sandwich & Baby Carrots (ve)	MA2515 Baked Potato with Cheese (v) & Garden Peas (ve)
Dessert	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)	RDE001 Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	Cook's Choice of Home Baking (v) & Fresh Fruit Selection (ve)	RDE002 Jelly (ve) & Fresh Fruit Selection (ve)	RDE003 Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)

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2025/2026 Primary Sesame Free Week 2 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO003 Tangy Tomato Soup (ve) (Optional: with Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with Bread)	RSO004 / RSO006 Seasonal Veg & Rice Soup (ve) / Lentil Soup (ve) (Optional: with Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with Bread)	RSO002 Leet & Potato Soup (ve) (Optional: with Bread)
Main Option 1	MA2516GF G/F Meatball Sub with Sauté Potatoes (ve) & Vegetable Medley (ve)	\	MA2522GF G/F Pesto Pasta (v) with G/F Garlic Bread (ve) & Sunshine Salad (ve)	MA2525 Margherita Pizza (v) with Onion Rings (ve) & Carrot & Cucumber Sticks (ve)	MA2528 MSC Fish Goujons (served with condiments) with Pasta Salad (v) & Corn Cobettes (ve)
Main Option 2	MA2517 Red Tractor Homemade Chicken Puff Pie with Sauté Potatoes (ve) & Vegetable Medley (ve)	MA2520 Red Tractor Roast Chicken Dinner with Yorkshire Pudding with Mashed Potato (ve) & Seasonal Salad (ve)	MA2523 Quorn Bangers in Onion Gravy (ve) with Mashed Potato (ve) & Sunshine Salad (ve)	MA2526 QMS Mexican-Style Beef Chilli with Nacho Chips (ve) & Carrot & Cucumber Sticks (ve)	MA2529 QMS Beef Bolognese Pasta Bake & Corn Cobettes (ve)
Main Option 3	MA2518 Cheese Sandwich (v) & Vegetable Medley (ve)	MA2521AF Allergy-Friendly Tuna Melt Roll With Vegan Potato Salad (v) & Seasonal Salad (ve)	MA2524 Baked Potato with Beans (ve) & Sunshine Salad (ve)	MA2527 Ham Sandwich & Carrot & Cucumber Sticks (ve)	MA2530 Baked Potato with Cheese (v) & Corn Cobettes (ve)
Dessert	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)	RDE002 Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	Cook's Choice of Home Baking (v) & Fresh Fruit Selection (ve)	RDE002 Jelly (ve) & Fresh Fruit Selection (ve)	RDE018 Delight Dessert (v) & Fresh Fruit Selection (ve)

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2025/2026 Primary Sesame Free

Week 3 Menu*

v: Suitable for Vegetarian Diet
ve: Suitable for Vegan Diet

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	RSO002 Leek & Potato Soup (ve) (Optional: with Bread)	RSO004 or RSO006 Seasonal Veg & Rice Soup (ve) / Lentil Soup (ve) (Optional: with Bread)	RSO001 Carrot & Coriander Soup (ve) (Optional: with Bread)	RSO005 Seasonal Harvest Soup (ve) (Optional: with Bread)	RSO003 Tangy Tomato Soup (ve) (Optional: with Bread)
Main Option 1	MA2531 Sticky BBQ Quorn Dippers (v) with Pasta Salad (v) & Vegetable Medley (ve)	MA2534 QMS Beef Lasagne & Seasonal Salad (ve)	MA2537 Sau'sage Roll (ve) with Savoury Rice (ve) & Mixed Pepper Salad (ve)	MA2540GF G/F Pork Sausage in a G/F Roll with Potato Salad (v) & Garden Peas (ve)	MA2543 Cheese & Tomato Pizzini (v) with Potato Chips /Smiles/Fries/Puffs (ve) & Sunshine Salad (ve)
Main Option 2	MA2532 Red Tractor Chicken Fajita in Pitta Pockets with Pasta Salad (v) & Vegetable Medley (ve)	MA2535 Red Tractor Chicken Burger in a Bun with Potato Wedges (ve) & Seasonal Salad (ve)	MA2538 Shawarma-Style Fillets (ve) with Savoury Rice (ve) & Mixed Pepper Salad (ve)	MA2541 QMS Traditional Mince-Filled Yorkshire Pudding with Mashed Potato (ve) & Garden Peas (ve)	MA2544 MSC Fish Fingers (served with condiments) with Potato Chips /Smiles/Fries/Puffs (ve) & Sunshine Salad (ve)
Main Option 3	MA2533AF Allergy-Friendly Tuna Mayo Pasta with G/F Garlic Bread (ve) & Vegetable Medley (ve)	MA2536 Baked Potato with Cheese (v) & Seasonal Salad (ve)	MA2539 Baked Potato with Beans (ve) & Mixed Pepper Salad (ve)	MA254GF G/F Toasted Cheese Sandwich (v) with Potato Salad (v) & Garden Peas (ve)	MA2545GF Turkey Meatballs in Tomato Sauce with G/F Spaghetti With G/F Garlic Bread (ve) & Sunshine Salad (ve)
Dessert	RDE002 Fruity Yoghurt (v) & Fresh Fruit Selection (ve)	RDE003 Vanilla Ice Cream (v) & Fresh Fruit Selection (ve)	RDE018 Dessert Delight (v) & Fresh Fruit Selection (ve)	RDE003 Jelly (ve) & Fresh Fruit Selection (ve)	RDE004 Fruit Salad (ve) & Fresh Fruit Selection (ve)

- We make every reasonable effort to accommodate different dietary requirements. However, there may be times when suitable alternatives are not available. In these instances, we appreciate your understanding.