

2024/2025 Nursery Gluten Free

Week 1 Menu*

v: Suitable for Vegetarian Diet

ve: Suitable for Vegan Diet

	available. In these instances, we appreciate your understand				23, We appreciate your anacistanaing.
Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
	RSO004		RSO005		RSO001
Starter	Seasonal Veg & Rice Soup (ve) (Optional: with G/F Bread)		Seasonal Harvest Soup (ve) (Optional: with G/F Bread)	\	Carrot & Coriander Soup (ve) (Optional: with G/F Bread)
	MA2401A	MA2404NA	MA2408A	MA2410A	MA2414N
Main Opton 1	Allergy-Friendly Mac 'N' Cheese (ve) with A/F Garlic Bread (ve) & Broccoli, Cauliflower & Carrot	Allergy-Friendly Beef Burger With Diced Potato (ve) & Mixed Pepper Salad (ve),	Allergy-Friendly Veg Sausage (ve) with Potato Wedges (ve) & Seasonal Salad (ve),	Allergy-Friendly Pizza Sub (ve) with Diced Potato (ve) &	Bubble Fish (served with condiments) with Potato Wedges (ve) & Seasonal Salad (ve),
	Medley (ve)	Sweetcorn (ve)	Baked Beans (ve)	Carrot & Cucumber Sticks (ve)	Garden Peas (ve)
Main Option 2		MA2406 Baked Potato with Beans (ve)	MA2409GF Baked Potato with Cheese (v)	Chicken Kebob With Diced Potato (ve)	MA2415A Allergy-Friendly VE Cheese Sandwich (ve)
		Mixed Pepper Salad (ve), Sweetcorn (ve)	Seasonal Salad (ve), Baked Beans (ve)	& Carrot & Cucumber Sticks (ve)	& Seasonal Salad (ve), Garden Peas (ve)
		RDE002		RDE003	
Dessert	\	Jelly (ve)	\	Vanilla Ice Cream (v)	\



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Week 2 Menu*

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Week 2	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
	RSO004	RS0002			
Starter	Seasonal Veg & Rice Soup (ve) (Optional: with G/F Bread)	Leek & Potato Soup (ve) (Optional: with G/F Bread)	\	\	
	MA2416A	MA2419N	MA2422A		MA2428N
Main Opton 1	Allergy-Friendly Cauli Mac 'N' Cheese (ve) with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	Meatballs in Onion Gravy With Mashed Potato (ve) & Seasonal Salad (ve), Baby Corn (ve)	Allergy-Friendly Herby Tomato Pasta (ve) with A/F Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	\	Salmon Fingers (served with condiments) With Potato Wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
Main Option 2	MA2418 Baked Potato with Tuna Mayo & Seasonal Salad (ve), Green Beans (ve)	MA2421 Baked Potato with Cheese (v) & Seasonal Salad (ve), Baby Corn (ve)	MA2424 Baked Potato with Beans (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	VE Cheese Roll (ve) (served with condiments) & Carrot and Cucumber Sticks (ve)	Allergy-Friendly Spaghetti Bolognese & Seasonal Salad (ve), Garden Peas (ve)
Dessert	\	\	G/F Home Baking	RDE003 Vanilla Ice Cream (v)	RDE004 Fruit Salad (ve)



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Week 3 Menu*

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Week 3	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter	١	RSO002 Leek & Potato Soup (ve) (Optional: with G/F Bread)	\	RSO003 Tangy Tomato Soup (ve) (Optional: with G/F Bread)	
Main Opton 1	Chicken Curry Rice Bowl & Mixed Pepper Salad (ve), Sweetcorn (ve)	Steak Stew (no pastry) with Baby Potatoes (ve) & Seasonal Salad (ve), Green Beans (ve)	Allergy-Friendly Pesto Pasta (v) with A/F Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2439N Saucy Chicken Baked Potato & Carrot and Cucumber Sticks (ve)	Traditional Mince in Gravy With Mashed Potato (ve) Seasonal Salad (ve), Garden Peas (ve)
Main Option 2	MA2432 Baked Potato with Cheese (v) & Mixed Pepper Salad (ve), Sweetcorn (ve)	Free Range Omelette (v) with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	Allergy-Friendly Pizza Sub (ve) with Diced Potato (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	\	Allergy-Friendly VE Cheese Sandwich (ve) & Seasonal Salad (ve), Garden Peas (ve)
Dessert	RDE003 Vanilla Ice Cream (v)	\	G/F Home Baking	\	RDE004 Fruit Salad (ve)



2024/2025 Nursery Dairy Free

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Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
	RSO004		RSO005		RSO001
Starter	Seasonal Veg & Rice Soup (ve) (Optional: with D/F Bread)	\	Seasonal Harvest Soup (ve) (Optional: with D/F Bread)	\	Carrot & Coriander Soup (ve) (Optional: with D/F Bread)
	MA2401A	MA2404NA	MA2407	MA2410VE	MA2413
Main Opton 1	Allergy-Friendly Mac 'N' Cheese (ve) with A/F Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	Allergy-Friendly Beef Burger With Diced Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	Chilli Non-Carne (v) with Rice (v) & Seasonal Salad (ve)	Vegan Pizza Sub (ve) with Diced Potato (ve) & Carrot & Cucumber Sticks (ve)	Shepherd's Pie & Seasonal Salad (ve), Garden Peas (ve)
Main Option 2	Tuna Mayo Finger Roll with Potato Wedges (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	Baked Potato with Beans (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	Allergy-Friendly Veg Sausage (ve) with Potato Wedges (ve) & Seasonal Salad (ve), Baked Beans (ve)	Chicken Kebob With Warmed Chapati (ve) & Carrot & Cucumber Sticks (ve)	Bubble Fish (served with condiments) with Potato Wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
Dessert	\	RDE002 Jelly (ve)	\	RDE003VE Fruity Iced Smoothie (ve)	\



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Week 2	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
	RSO004	RS0002			
Starter	Seasonal Veg & Rice Soup (ve) (Optional: with D/F Bread)	Leek & Potato Soup (ve) (Optional: with D/F Bread)	1	\	1
	MA2416	MA2419N	MA2422		MA2428N
Main Opton 1	Creamy Mac 'N' Cheese (ve) with Potato Wedges (ve) &	Meatballs in Onion Gravy With Mashed Potato (ve)	Herby Tomato Pasta (ve) with Garlic Bread &		Salmon Fingers (served with condiments) With Potato wedges (ve)
	Seasonal Salad (ve), Green Beans (ve)	Seasonal Salad (ve), Baby Corn (ve)	Broccoli, Cauliflower & Carrot Medley (ve)	,	& Seasonal Salad (ve), Garden Peas (ve)
Main	MA2418 Baked Potato with Tuna Mayo	MA2420 Chinese-Style Quorn Curry (ve)	MA2424	MA2427NVE Vegan Cheese Roll (ve)	MA2429A Allergy-Friendly
Option 2	& Seasonal Salad (ve), Green Beans (ve)	with Rice (ve) & Seasonal Salad (ve), Baby Corn (ve)	Baked Potato with Beans (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	(served with condiments) &	Spaghetti Bolognese & Seasonal Salad (ve), Garden Peas (ve)
				RDE003VE	RDE004
Dessert	\	\	D/F Home Baking	Fruity Iced Smoothie (ve)	Fruit Salad (ve)



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Starter	\	RSO002 Leek & Potato Soup (ve) (Optional: with D/F Bread)	\	RSO003 Tangy Tomato Soup (ve) (Optional: with D/F Bread)	
	MA2430VE	MA2433	MA2436VE	MA2438N	MA2440
Main Opton 1	Quorn Stew (no yorkies) (ve) with Mashed Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	Homemade Steak Pie with Baby Potatoes (ve) & Seasonal Salad (ve), Green Beans (ve)	Vegan Pesto Pasta (ve) with Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	Quorn Dippers (ve) with Potato Wedges (ve) & Carrot and Cucumber Sticks (ve)	Traditional Mince in Gravy With Mashed Potato (ve) Seasonal Salad (ve), Garden Peas (ve)
	MA2431N	MA2434VE	MA2437VE	MA2439N	MA2441N
Main Option 2	Chicken Curry Rice Bowl & Mixed Pepper Salad (ve), Sweetcorn (ve)	Vegan Sausage (ve) with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	Vegan Pizza Sub (ve) with Diced Potato (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	Saucy Chicken Baked Potato & Carrot and Cucumber Sticks (ve)	Tuna Mayo Pasta With Diced Potato (ve) & Seasonal Salad (ve), Garden Peas (ve)
	RDE003VE				RDE004
Dessert	Fruity Iced Smoothie (ve)	\	D/F Home Baking	\	Fruit Salad (ve)



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Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
	RSO004		RSO005		RSO001
Starter	Seasonal Veg & Rice Soup (ve) (Optional: with E/F Bread)	1	Seasonal Harvest Soup (ve) (Optional: with E/F Bread)	\	Carrot & Coriander Soup (ve) (Optional: with E/F Bread)
	MA2401	MA2404NA	MA2409GF	MA2410	MA2413
Main Opton 1	Classic Mac 'N' Cheese (v) with Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	Allergy-Friendly Beef Burger With Diced Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	Baked Potato with Cheese (v) & Seasonal Salad (ve), Baked Beans (ve)	Margherita Pizza Sub (v) with Diced Potato (ve) & Carrot & Cucumber Sticks (ve)	Shepherd's Pie & Seasonal Salad (ve), Garden Peas (ve)
Main Option 2		Baked Potato with Beans (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	Sau'sage Roll (ve) with Potato Wedges (ve) & Seasonal Salad (ve), Baked Beans (ve)	Chicken Kebob With Warmed Chapati (ve) & Carrot & Cucumber Sticks (ve)	Bubble Fish (served with condiments) with Potato Wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
Dessert	\	RDE002 Jelly (ve)	\	RDE003 Vanilla Ice Cream (v)	\



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Week 2	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
	RSO004	RS0002			
Starter	Seasonal Veg & Rice Soup (ve) (Optional: with E/F Bread)	Leek & Potato Soup (ve) (Optional: with E/F Bread)	\	\	1
	MA2416	MA2419N	MA2422	MA2426	MA2428N
Main Opton 1	Creamy Mac 'N' Cheese (ve) with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	Meatballs in Onion Gravy With Mashed Potato (ve) & Seasonal Salad (ve), Baby Corn (ve)	Herby Tomato Pasta (ve) with Garlic Bread & Broccoli, Cauliflower & Carrot Medley (ve)	Tex-Mex Chicken Enchiladas with Diced Potato (ve) & Carrot and Cucumber Sticks (ve)	Salmon Fingers (served with condiments) With Potato wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
Main Option 2	Vegan Quorn Dippers (ve) (served with condiments) with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	Chinese-Style Quorn Curry (ve) with Rice (ve) & Seasonal Salad (ve), Baby Corn (ve)	Rainbow Puff Pastry (v) with Potato Wedges (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	Vegan Cheese Roll (ve) (served with condiments) & Carrot and Cucumber Sticks (ve)	Spaghetti Bolognese & Seasonal Salad (ve), Garden Peas (ve)
Dessert	\	\	E/F Home Baking	RDE003 Vanilla Ice Cream (v)	RDE004 Fruit Salad (ve)



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Week 3	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
Starter		RSO002		RSO003 Tangy Tomato Soup (ve)	
Jean ter	\	Leek & Potato Soup (ve) (Optional: with E/F Bread)	\	(Optional: with E/F Bread)	1
	MA2430VE	MA2433	MA2436	MA2438N	MA2440
Main Opton 1	Quorn Stew (no yorkies) (ve) with Mashed Potato (ve) &	Homemade Steak Pie with Baby Potatoes (ve) &	Creamy Pesto Pasta (v) with Garlic Bread (ve) &	Quorn Dippers (ve) with Potato Wedges (ve) &	Traditional Mince in Gravy With Mashed Potato (ve)
	Mixed Pepper Salad (ve), Sweetcorn (ve)	Seasonal Salad (ve), Green Beans (ve)	Broccoli, Cauliflower & Carrot Medley (ve)	Carrot and Cucumber Sticks (ve)	Seasonal Salad (ve), Garden Peas (ve)
	MA2431N	MA2434VE Vegan Sausage (ve)	MA2437 Pepperoni Pizza Sub (v)	MA2439N	MA2415
Main Option 2	Chicken Curry Rice Bowl	with Potato Wedges (ve)	with Diced Potato (ve)	Saucy Chicken Baked Potato &	Cheese Sandwich (v)
	Mixed Pepper Salad (ve), Sweetcorn (ve)	Seasonal Salad (ve), Green Beans (ve)	Broccoli, Cauliflower & Carrot Medley (ve)	Carrot and Cucumber Sticks (ve)	Seasonal Salad (ve), Garden Peas (ve)
Dessert	RDE003				RDE004
Dessert	Vanilla Ice Cream (v)	\	E/F Home Baking	\	Fruit Salad (ve)