

# 2024/2025 Nursery Gluten Free

v: Suitable for Vegetarian Diet  
ve: Suitable for Vegan Diet

## Week 1 Menu\*

- We make every reasonable effort to accommodate special diets. However, there may be times when suitable alternatives are not available. In these instances, we appreciate your understanding.

Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	RSO004 <b>Seasonal Veg &amp; Rice Soup (ve)</b> (Optional: with G/F Bread)		RSO005 <b>Seasonal Harvest Soup (ve)</b> (Optional: with G/F Bread)		RSO001 <b>Carrot &amp; Coriander Soup (ve)</b> (Optional: with G/F Bread)
<b>Main Option 1</b>	MA2401A <b>Allergy-Friendly Mac 'N' Cheese (ve)</b> with A/F Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2404NA <b>Allergy-Friendly Beef Burger</b> With Diced Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2408A <b>Allergy-Friendly Veg Sausage (ve)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Baked Beans (ve)	MA2410A <b>Allergy-Friendly Pizza Sub (ve)</b> with Diced Potato (ve) & Carrot & Cucumber Sticks (ve)	MA2414N <b>Bubble Fish (served with condiments)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>		MA2406 <b>Baked Potato with Beans (ve)</b> & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2409GF <b>Baked Potato with Cheese (v)</b> & Seasonal Salad (ve), Baked Beans (ve)	MA2411A <b>Chicken Kebob</b> With Diced Potato (ve) & Carrot & Cucumber Sticks (ve)	MA2415A <b>Allergy-Friendly VE Cheese Sandwich (ve)</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>		RDE002 <b>Jelly (ve)</b>		RDE003 <b>Vanilla Ice Cream (v)</b>	

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## Week 2 Menu\*

- We make every reasonable effort to accommodate special diets. However, there may be times when suitable alternatives are not available. In these instances, we appreciate your understanding.

Week 2	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	RSO004 <b>Seasonal Veg &amp; Rice Soup (ve)</b> (Optional: with G/F Bread)	RSO002 <b>Leek &amp; Potato Soup (ve)</b> (Optional: with G/F Bread)	\	\	\
<b>Main Option 1</b>	MA2416A <b>Allergy-Friendly Cauli Mac 'N' Cheese (ve)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2419N <b>Meatballs in Onion Gravy</b> With Mashed Potato (ve) & Seasonal Salad (ve), Baby Corn (ve)	MA2422A <b>Allergy-Friendly Herby Tomato Pasta (ve)</b> with A/F Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	\	MA2428N <b>Salmon Fingers</b> (served with condiments) With Potato Wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	MA2418 <b>Baked Potato with Tuna Mayo</b> & Seasonal Salad (ve), Green Beans (ve)	MA2421 <b>Baked Potato with Cheese (v)</b> & Seasonal Salad (ve), Baby Corn (ve)	MA2424 <b>Baked Potato with Beans (ve)</b> & Broccoli, Cauliflower & Carrot Medley (ve)	MA2427NVE <b>VE Cheese Roll (ve)</b> (served with condiments) & Carrot and Cucumber Sticks (ve)	MA2429A <b>Allergy-Friendly Spaghetti Bolognese</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	\	\	G/F Home Baking	RDE003 <b>Vanilla Ice Cream (v)</b>	RDE004 <b>Fruit Salad (ve)</b>

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## Week 3 Menu\*

- We make every reasonable effort to accommodate special diets. However, there may be times when suitable alternatives are not available. In these instances, we appreciate your understanding.

Week 3	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	\	RSO002 <b>Leek &amp; Potato Soup (ve)</b> (Optional: with G/F Bread)	\	RSO003 <b>Tangy Tomato Soup (ve)</b> (Optional: with G/F Bread)	\
<b>Main Opton 1</b>	MA2431N <b>Chicken Curry Rice Bowl &amp; Mixed Pepper Salad (ve), Sweetcorn (ve)</b>	MA2433A <b>Steak Stew (no pastry) with Baby Potatoes (ve) &amp; Seasonal Salad (ve), Green Beans (ve)</b>	MA2436A <b>Allergy-Friendly Pesto Pasta (v) with A/F Garlic Bread (ve) &amp; Broccoli, Cauliflower &amp; Carrot Medley (ve)</b>	MA2439N <b>Saucy Chicken Baked Potato &amp; Carrot and Cucumber Sticks (ve)</b>	MA2440 <b>Traditional Mince in Gravy With Mashed Potato (ve) Seasonal Salad (ve), Garden Peas (ve)</b>
<b>Main Option 2</b>	MA2432 <b>Baked Potato with Cheese (v) &amp; Mixed Pepper Salad (ve), Sweetcorn (ve)</b>	MA2434 <b>Free Range Omelette (v) with Potato Wedges (ve) &amp; Seasonal Salad (ve), Green Beans (ve)</b>	MA2437A <b>Allergy-Friendly Pizza Sub (ve) with Diced Potato (ve) &amp; Broccoli, Cauliflower &amp; Carrot Medley (ve)</b>	\	MA2415A <b>Allergy-Friendly VE Cheese Sandwich (ve) &amp; Seasonal Salad (ve), Garden Peas (ve)</b>
<b>Dessert</b>	RDE003 <b>Vanilla Ice Cream (v)</b>	\	G/F Home Baking	\	RDE004 <b>Fruit Salad (ve)</b>

# 2024/2025 Nursery Dairy Free

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## Week 1 Menu\*

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Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	RSO004 <b>Seasonal Veg &amp; Rice Soup (ve)</b> (Optional: with D/F Bread)	\	RSO005 <b>Seasonal Harvest Soup (ve)</b> (Optional: with D/F Bread)	\	RSO001 <b>Carrot &amp; Coriander Soup (ve)</b> (Optional: with D/F Bread)
<b>Main Option 1</b>	MA2401A <b>Allergy-Friendly Mac 'N' Cheese (ve)</b> with A/F Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2404NA <b>Allergy-Friendly Beef Burger</b> With Diced Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2407 <b>Chilli Non-Carne (v)</b> with Rice (v) & Seasonal Salad (ve)	MA2410VE <b>Vegan Pizza Sub (ve)</b> with Diced Potato (ve) & Carrot & Cucumber Sticks (ve)	MA2413 <b>Shepherd's Pie</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	MA2403 <b>Tuna Mayo Finger Roll</b> with Potato Wedges (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2406 <b>Baked Potato with Beans (ve)</b> & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2408A <b>Allergy-Friendly Veg Sausage (ve)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Baked Beans (ve)	MA2411 <b>Chicken Kebob</b> With Warmed Chapati (ve) & Carrot & Cucumber Sticks (ve)	MA2414N <b>Bubble Fish (served with condiments)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	\	RDE002 <b>Jelly (ve)</b>	\	RDE003VE <b>Fruity Iced Smoothie (ve)</b>	\

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## Week 2 Menu\*

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Week 2	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	RSO004 <b>Seasonal Veg &amp; Rice Soup (ve)</b> (Optional: with D/F Bread)	RSO002 <b>Leek &amp; Potato Soup (ve)</b> (Optional: with D/F Bread)			
<b>Main Option 1</b>	MA2416 <b>Creamy Mac 'N' Cheese (ve)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2419N <b>Meatballs in Onion Gravy</b> With Mashed Potato (ve) & Seasonal Salad (ve), Baby Corn (ve)	MA2422 <b>Herby Tomato Pasta (ve)</b> with Garlic Bread & Broccoli, Cauliflower & Carrot Medley (ve)		MA2428N <b>Salmon Fingers</b> (served with condiments) With Potato wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	MA2418 <b>Baked Potato with Tuna Mayo</b> & Seasonal Salad (ve), Green Beans (ve)	MA2420 <b>Chinese-Style Quorn Curry (ve)</b> with Rice (ve) & Seasonal Salad (ve), Baby Corn (ve)	MA2424 <b>Baked Potato with Beans (ve)</b> & Broccoli, Cauliflower & Carrot Medley (ve)	MA2427NVE <b>Vegan Cheese Roll (ve)</b> (served with condiments) & Carrot and Cucumber Sticks (ve)	MA2429A <b>Allergy-Friendly Spaghetti Bolognese</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	\	\	D/F Home Baking	RDE003VE <b>Fruity Iced Smoothie (ve)</b>	RDE004 <b>Fruit Salad (ve)</b>

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Week 3	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	\	RSO002 <b>Leek &amp; Potato Soup (ve)</b> (Optional: with D/F Bread)	\	RSO003 <b>Tangy Tomato Soup (ve)</b> (Optional: with D/F Bread)	\
<b>Main Option 1</b>	MA2430VE <b>Quorn Stew (no yorkies) (ve)</b> with Mashed Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2433 <b>Homemade Steak Pie</b> with Baby Potatoes (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2436VE <b>Vegan Pesto Pasta (ve)</b> with Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2438N <b>Quorn Dippers (ve)</b> with Potato Wedges (ve) & Carrot and Cucumber Sticks (ve)	MA2440 <b>Traditional Mince in Gravy</b> With Mashed Potato (ve)  Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	MA2431N <b>Chicken Curry Rice Bowl</b> & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2434VE <b>Vegan Sausage (ve)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2437VE <b>Vegan Pizza Sub (ve)</b> with Diced Potato (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2439N <b>Saucy Chicken Baked Potato</b> & Carrot and Cucumber Sticks (ve)	MA2441N <b>Tuna Mayo Pasta</b> With Diced Potato (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	RDE003VE <b>Fruity Iced Smoothie (ve)</b>	\	D/F Home Baking	\	RDE004 <b>Fruit Salad (ve)</b>

# 2024/2025 Nursery Egg Free

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Week 1	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	RSO004 <b>Seasonal Veg &amp; Rice Soup (ve)</b> (Optional: with E/F Bread)	\	RSO005 <b>Seasonal Harvest Soup (ve)</b> (Optional: with E/F Bread)	\	RSO001 <b>Carrot &amp; Coriander Soup (ve)</b> (Optional: with E/F Bread)
<b>Main Option 1</b>	MA2401 <b>Classic Mac 'N' Cheese (v)</b> with Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2404NA <b>Allergy-Friendly Beef Burger</b> With Diced Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2409GF <b>Baked Potato with Cheese (v)</b> & Seasonal Salad (ve), Baked Beans (ve)	MA2410 <b>Margherita Pizza Sub (v)</b> with Diced Potato (ve) & Carrot & Cucumber Sticks (ve)	MA2413 <b>Shepherd's Pie</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	\	MA2406 <b>Baked Potato with Beans (ve)</b> & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2408 <b>Sau'sage Roll (ve)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Baked Beans (ve)	MA2411 <b>Chicken Kebob</b> With Warmed Chapati (ve) & Carrot & Cucumber Sticks (ve)	MA2414N <b>Bubble Fish (served with condiments)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	\	RDE002 <b>Jelly (ve)</b>	\	RDE003 <b>Vanilla Ice Cream (v)</b>	\

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<b>Starter</b>	RSO004 <b>Seasonal Veg &amp; Rice Soup (ve)</b> (Optional: with E/F Bread)	RSO002 <b>Leek &amp; Potato Soup (ve)</b> (Optional: with E/F Bread)	\	\	\
<b>Main Option 1</b>	MA2416 <b>Creamy Mac 'N' Cheese (ve)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2419N <b>Meatballs in Onion Gravy</b> With Mashed Potato (ve) & Seasonal Salad (ve), Baby Corn (ve)	MA2422 <b>Herby Tomato Pasta (ve)</b> with Garlic Bread & Broccoli, Cauliflower & Carrot Medley (ve)	MA2426 <b>Tex-Mex Chicken Enchiladas</b> with Diced Potato (ve) & Carrot and Cucumber Sticks (ve)	MA2428N <b>Salmon Fingers</b> (served with condiments) With Potato wedges (ve) & Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	MA2417VE <b>Vegan Quorn Dippers (ve)</b> (served with condiments) with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2420 <b>Chinese-Style Quorn Curry (ve)</b> with Rice (ve) & Seasonal Salad (ve), Baby Corn (ve)	MA2423 <b>Rainbow Puff Pastry (v)</b> with Potato Wedges (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2427NVE <b>Vegan Cheese Roll (ve)</b> (served with condiments) & Carrot and Cucumber Sticks (ve)	MA2429 <b>Spaghetti Bolognese</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	\	\	E/F Home Baking	RDE003 <b>Vanilla Ice Cream (v)</b>	RDE004 <b>Fruit Salad (ve)</b>



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Week 3	Monday	Tuesday	Planet-Friendly Wednesday	Thursday	Friday
<b>Starter</b>	\	RSO002 <b>Leek &amp; Potato Soup (ve)</b> (Optional: with E/F Bread)	\	RSO003 <b>Tangy Tomato Soup (ve)</b> (Optional: with E/F Bread)	\
<b>Main Opton 1</b>	MA2430VE <b>Quorn Stew (no yorkies) (ve)</b> with Mashed Potato (ve) & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2433 <b>Homemade Steak Pie</b> with Baby Potatoes (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2436 <b>Creamy Pesto Pasta (v)</b> with Garlic Bread (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2438N <b>Quorn Dippers (ve)</b> with Potato Wedges (ve) & Carrot and Cucumber Sticks (ve)	MA2440 <b>Traditional Mince in Gravy</b> With Mashed Potato (ve)  Seasonal Salad (ve), Garden Peas (ve)
<b>Main Option 2</b>	MA2431N <b>Chicken Curry Rice Bowl</b> & Mixed Pepper Salad (ve), Sweetcorn (ve)	MA2434VE <b>Vegan Sausage (ve)</b> with Potato Wedges (ve) & Seasonal Salad (ve), Green Beans (ve)	MA2437 <b>Pepperoni Pizza Sub (v)</b> with Diced Potato (ve) & Broccoli, Cauliflower & Carrot Medley (ve)	MA2439N <b>Saucy Chicken Baked Potato</b> & Carrot and Cucumber Sticks (ve)	MA2415 <b>Cheese Sandwich (v)</b> & Seasonal Salad (ve), Garden Peas (ve)
<b>Dessert</b>	RDE003 <b>Vanilla Ice Cream (v)</b>	\	E/F Home Baking	\	RDE004 <b>Fruit Salad (ve)</b>