RECIPES AND THEIR ALLERGEN CONTENT

RECIPE NAME														
	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Apple														
Banana														
Basic mixed salad														
Brown rice														
Celery	✓													
Cheddar cheese							✓							
Cheese and tomato topping							✓							
Chicken fajitas					✓ Barley, Oats, Rye, Wheat									
Coleslaw			✓											
Crusty brown roll					✓ Barley, Oats, Rye, Wheat		✓					✓	✓	
Farmhouse tomato soup	✓			✓	✓ Barley		✓							
Garlic Bread					✓ Wheat		✓							
Green beans														
Lentil and carrot soup	✓													
Mexican chicken with taco shells					✓ Barley, Oats, Rye, Wheat		✓							
Mild vegetable curry									✓					
Omelette			✓				✓							
Orange														
Peas														
Pizzini					✓ Barley, Oats, Rye, Wheat		✓							
Potato dice														

Potato salad			✓											
Purely Potato Wedges														
Raw onion														
Roast potatoes														
Salmon pasta arrabbiata					✓ Barley, Oats, Rye, Wheat									
Sliced green beans														
Spicy bean burger 85g	✓				✓ Barley, Oats, Rye, Wheat									
Steak pie	✓				✓ Barley, Oats, Rye, Wheat		✓							
Sweetcorn														
Tomato														
Vegetable soup	✓													