

SECONDARY SCHOOL 3 WEEK MENU

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Soup of the Day served with Brown Bread	LENTIL & CARROT	CHICKEN	GREEN PEA	LEEK & POTATO	MINESTRONE
Daily Special	Sweet & Sour Chicken with Noodles or Vegetable Bean Curry with Rice (v)	Chilli Con Carne with Brown Rice or Vegetable Chilli (v)	Chicken Pie with Roast Potatoes & Veg or Vegetable Bolognese (v)	Beef Lasagne with Wedges & Veg or Vegetable Lasagne (v)	Battered Haddock, Chips & Peas or Vegetable Bean Curry & Rice (v)
Hot & Cold Snacks	EVERY DAY YOU CAN CHOOSE FROM: Baked Potato with Assorted Hot & Cold Fillings or Hot Pasta Pot or Selection of Sandwiches, Wraps, Baguettes with Assorted Fillings or Salad/Pasta salad selection				
	Margherita Pizza (1/2) (v)	Panini with Assorted Hot Fillings	Spicy Vegetable Burger (v) or Chicken Burger in a Roll	Panini with Assorted Hot Fillings	Hot Dog in a Roll
Desserts	EVERY DAY YOU CAN CHOOSE FROM: Fruit Yoghurt // Frozen Yoghurt // Selection of Fresh Fruit				
	Apple Muffin	Empire Biscuit	Fruity Flapjack	Apple Muffin	Empire Biscuit

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Soup of the Day served with Brown Bread	YELLOW SPLIT PEA	BROCCOLI	FARMHOUSE TOMATO	LENTIL	MINESTRONE
Daily Special	Chicken Curry with Basmati Rice & Spiced Onions or Vegetable Bean Curry with Rice (v)	Roast Pork with Apple Sauce, Mashed Potatoes, Gravy & Veg or Vegetable Chilli (v)	Braised Sausages with Roast Potatoes & Veg or Vegetable Bolognese (v)	Macaroni Cheese with Potato Wedges & Veg (v) or Vegetable Bake (v)	Fish Pie or Battered Haddock with Chips & Peas or Vegetable Bean Curry with Rice (v)
Hot & Cold Snacks	EVERY DAY YOU CAN CHOOSE FROM: Baked Potato with Assorted Hot & Cold Fillings or Hot Pasta Pot or Selection of Sandwiches, Wraps, Baguettes with Assorted Fillings or Salad/Pasta salad selection				
	Margherita Pizza (1/2) (v)	Panini with Assorted Hot Fillings	Spicy Vegetable Burger (v) or Chicken Burger in a Roll	Panini with Assorted Hot Fillings	Hot Dog in a Roll
Desserts	EVERY DAY YOU CAN CHOOSE FROM: Fruit Yoghurt // Frozen Yoghurt // Selection of Fresh Fruit				
	Apple Muffin	Empire Biscuit	Fruity Flapjack	Apple Muffin	Empire Biscuit

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Soup of the Day served with Brown Bread	CHICKEN	LENTIL & CARROT	GREEN PEA	LEEK & POTATO	TOMATO & BASIL
Daily Special	Spicy Chicken Fajitas with Potato Wedges or Vegetable Bean Curry with Rice (v)	Pasta Bolognese with Roasted Vegetables or Vegetable Chilli (v)	Cauliflower Crunch with Potato Wedges & Veg (v) or Vegetable Bolognese (v)	Steak Pie with Roast Potatoes & Veg or Vegetable Bake (v)	Salmon Bake with Chips & Veg or Vegetable Bean Curry with Rice (v)
Hot & Cold Snacks	EVERY DAY YOU CAN CHOOSE FROM: Baked Potato with Assorted Hot & Cold Fillings or Hot Pasta Pot or Selection of Sandwiches, Wraps, Baguettes with Assorted Fillings or Salad/Pasta salad selection				
	Margherita Pizza (1/2) (v)	Panini with Assorted Hot Fillings	Spicy Vegetable Burger (v) or Chicken Burger in a Roll	Panini with Assorted Hot Fillings	Hot Dog in a Roll
Desserts	EVERY DAY YOU CAN CHOOSE FROM: Fruit Yoghurt // Frozen Yoghurt // Selection of Fresh Fruit				
	Apple Muffin	Empire Biscuit	Fruity Flapjack	Apple Muffin	Empire Biscuit

GLUTEN FREE OPTIONS AVAILABLE ON REQUEST

SECONDARY SCHOOL MENU SPRING 2018 : DATES (WEEK COMMENCING)

WEEK 1	04/06/2018	25/06/2018	27/08/2018	17/09/2018	08/10/2018	29/10/2018	19/11/2018
WEEK 2	11/06/2018	13/08/2018	03/09/2018	24/09/2018	15/10/2018	05/11/2018	26/11/2018
WEEK 3	18/06/2018	20/08/2018	10/09/2018	01/10/2018	22/10/2018	12/11/2018	03/12/2018



Renfrewshire
Council