



# Jingle Bell Fun Run



**Sunday 11<sup>th</sup> December  
Barshaw Park, Paisley**

**Move your feet to a jingling beat!**

**11am -5K 12noon 1K family walk / jog/ pramathon**

## Event information

- 5K open to all runners and walkers of all abilities, aged 13 and over
  - All finishers in each event will receive a medal
  - Dress up in a Christmas theme
    - Spot prizes up for grabs
  - Wear JINGLE BELLS, on your shoes, wrists, gloves, hats and be part of the biggest Jingle Bell orchestra in the World!
    - Registration from 10am to 10.45 for entries on the day.
  - Scottish Athletics permit event, held under UK Athletics rules

**Online entries at [www.runnersworld.co.uk](http://www.runnersworld.co.uk)**



**Entries by post to:  
Jogging Buddies Ltd  
Barshaw Park Golf Pavillion,  
Blairmore Ave, Paisley PA1 3TJ**

**Entry fee £5.00 for 5k  
£3.00 for 1k  
(£13 for family of up  
to 2 adults & 2 children)**

**Cheques payable to "Jogging Buddies Ltd"  
Please enclose a stamped address envelope**



**Paisley  
Heart Town**  
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**Race Hotline:  
01505 810936**

