



WEEK 1 MENU

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Bites Peas Lumberjacks or Baby Jacket Potatoes	Braised Sausage and Onions Gravy Broccoli Diced Potato	Chicken Curry Naan Bread Long Grain Rice	Lasagne American Salad Garlic Bread	Breaded Haddock Baked Beans Chips or Boiled Potatoes
Option 2 (V)	Omelette Peas Lumberjacks or Baby Jacket Potatoes	Vegetarian Sausages Gravy Broccoli Diced Potato	Vegetable Curry Naan Bread Long Grain Rice	Vegetable Lasagne American Salad Garlic Bread	Quorn Burger in a Bun Baked Beans Chips or Boiled Potatoes
Option 3	Jacket Potato Assorted Fillings	Assorted Sandwiches Cherry Tomatoes	Baked Potato Assorted Fillings	Assorted Sandwiches Coleslaw	Baked Potato Assorted Fillings
Starter/ Dessert	Leek and Potato Soup (V) Selection of Fresh Fruit Selection of Yoghurts Fruit Chunk Muffins	Lentil Soup (V) Selection of Fresh Fruit Selection of Yoghurts Apple Crumble and Custard	Vegetable Soup (V) Selection of Fresh Fruit Selection of Yoghurts Fruit Mousse	Yellow Split Pea Soup (V) Selection of Fresh Fruit Selection of Yoghurts Creamed Rice and Fruit Cocktail	Scotch Broth (V) Selection of Fresh Fruit Selection of Yoghurts Ice Cream and Fruit
Extras	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
Drinks	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water



WEEK 2 MENU

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Tuna Pasta Diced Mixed Vegetables Garlic Bread	Savoury Mince Cabbage Potato Patties	Chicken Pie Broccoli Mashed Potato	Meatballs in Tomato Sauce and Spaghetti Peas Crusty Bread	Tasty Fish Fingers Baked Beans Chips or Baby Jacket Potatoes
Option 2 (V)	Macaroni Cheese Diced Mixed Vegetables Garlic Bread	Quorn Mince Cabbage Potato Patties	Vegetable Biryani Broccoli	Quorn Bolognese Sauce and Spaghetti Peas Crusty Bread	Vegetable Burger Baked Beans Chips or Baby Jacket Potatoes
Option 3	Jacket Potato Assorted Fillings	Assorted Sandwiches Cherry Tomatoes	Baked Potato Assorted Fillings	Assorted Sandwiches Coleslaw	Baked Potato Assorted Fillings
Starter/ Dessert	Spicy Lentil Soup (V) Selection of Fresh Fruit Selection of Yoghurts Apple Muffins	Tomato and Vegetable Soup (V) Selection of Fresh Fruit Selection of Yoghurts Jelly Whip with Fresh Fruit	Yellow Split Pea Soup (V) Selection of Fresh Fruit Selection of Yoghurts Fresh Fruit Salad	Potato Soup (V) Selection of Fresh Fruit Selection of Yoghurts Caramel Banana Sponge and Custard	Cream of Vegetable Soup (V) Selection of Fresh Fruit Selection of Yoghurts Apple Pie Ice Cream
Extras	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
Drinks	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water



WEEK 3 MENU

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Curry Long Grain Rice Naan Bread	Shepherd's Pie Diced Mixed Vegetables	Steak Pie Broccoli Diced Potatoes	Sliced Honey Roast Ham Coleslaw Potato Wedges	Breaded Haddock Sweetcorn Chips or Baby Jacket Potatoes
Option 2 (V)	Vegetable Curry Long Grain Rice Naan Bread	Potato and Baked Bean Pie Diced Mixed Vegetables	Vegetable Pie Broccoli Diced Potatoes	Cheese and Tomato Pizza Coleslaw Potato Wedges	Vegetable Quiche Sweetcorn Chips or Baby Jacket Potatoes
Option 3	Jacket Potato Assorted Fillings	Assorted Sandwiches Cherry Tomatoes	Baked Potato Assorted Fillings	Assorted Sandwiches Coleslaw	Baked Potato Assorted Fillings
Starter/ Dessert	Lentil and Vegetable Soup (V) Selection of Fresh Fruit Selection of Yoghurts Plain Muffins	Carrot and Coriander Soup (V) Selection of Fresh Fruit Selection of Yoghurts Flapjack	Minestrone Soup (V) Selection of Fresh Fruit Selection of Yoghurts Carrot Cake and Custard	Potato and Vegetable Soup (V) Selection of Fresh Fruit Selection of Yoghurts Creamed Rice with Sultanas	Vegetable Broth (V) Selection of Fresh Fruit Selection of Yoghurts Ice Cream and Fruit
Extras	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
Drinks	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water



WEEK 4 MENU

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sausages Baked Beans Mashed Potato	Meaty Bolognese Sauce Bali Duo Rice 'n' Pasta Garlic Bread	Traditional Mince Carrots Potato Patties	Hot Dog Tomatoes Tomato Sauce Sachet Lumberjacks or Boiled Potatoes	Fishcakes Sweetcorn Diced Potato or Baby Jacket Potatoes
Option 2 (V)	Vegetarian Sausages Baked Beans Mash Potato	Vegetable Bolognese Bali Duo Rice 'n' Pasta Garlic Bread	Vegetable Casserole with Scone Topping Carrots Potato Patties	Saucy Vegetarian Pasta Tomatoes Lumberjacks or Boiled Potatoes	Cheese & Tomato Quiche Sweetcorn Diced Potato or Baby Jacket Potatoes
Option 3	Jacket Potato Assorted Fillings	Assorted Sandwiches Cherry Tomatoes	Baked Potato Assorted Fillings	Assorted Sandwiches Coleslaw	Baked Potato Assorted Fillings
Starter/ Dessert	Farmhouse Lentil Soup (V) Selection of Fresh Fruit Selection of Yoghurts Eve's Pudding Custard	Split Pea Soup (V) Selection of Fresh Fruit Selection of Yoghurts Cheese and Biscuits	Carrot and Coriander Soup (V) Selection of Fresh Fruit Selection of Yoghurts Caramel Flan and Custard	Lentil and Vegetable Soup (V) Selection of Fresh Fruit Selection of Yoghurts Fresh Fruit Salad	Tomato and Vegetable Soup (V) Selection of Fresh Fruit Selection of Yoghurts Toffee Muffins
Extras	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
Drinks	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water